

# Sefirat Ha Omer

Count the Omer nightly, after dark. The night's count (including Sefirot & word of Ana B'Koach) lasts throughout the next day.

On Saturday night, April 23 (after the second seder), we count One ~ so all of Sunday is Chesed / Ana ~ after Sunday night's count (2), it's Gevurah / B'Koach etc.

The 7th day is always an unpronounceable acronym formed from the first letters of that week's verse of Ana B'Koach. (Candle times are for Denver, Colorado).

	1 Day Sunday	2 Days Monday	3 Days Tuesday	4 Days Wednesday	5 Days Thursday	6 Days Friday	7 Days Shabbat
Start counting after the 2nd Seder, Saturday, April 23 - Nissan 15.	<b>Chesed</b>	<b>Gevurah</b>	<b>Tiferet</b>	<b>Netzach</b>	<b>Hod</b>	<b>Yesod</b>	<b>Malchut</b>
<b>Chesed</b>	Ana 4/24/16 At night, count 2	B'Koach 1st Day Chol ha Moed 4/25/16 At night, count 3	Gedulat 4/26/16 At night, count 4	Y'mincha 4/27/16 At night, count 5	Tatir 4/28/16 At night, count 6	Tz'rura Nissan 21 4/29/16 Candles: 7:35 pm At night, count 7	<b>אבגיתצ</b> 8th Day of Pesach 4/30/16 At night, count 8
<b>Gevurah</b> One Week	Qabel Isru Chag 5/1/16 At night, count 9	Rinat 5/2/16 At night, count 10	Amecha 5/3/16 At night, count 11	Sagveinu 5/4/16 At night, count 12	Taherenu 5/5/16 At night, count 13	Nora Nissan 28 5/6/16 Candles: 7:42 pm At night, count 14	<b>קראסתנו</b> Acharei 5/7/16 At night, count 15
<b>Tiferet</b> Two Weeks	Na Rosh Chodesh Iyar 5/8/16 At night, count 16	Gibor Rosh Chodesh Iyar 5/9/16 At night, count 17	Dorshe 5/10/16 At night, count 18	Yichudcha 5/11/16 At night, count 19	K'vavat 5/12/16 At night, count 20	Shamrem Iyar 5 5/13/16 Candles: 7:48 pm At night, count 21	<b>נגדיכש</b> Kedoshim 5/14/16 At night, count 22
<b>Netzach</b> Three Weeks	Barchem 5/15/16 At night, count 23	Taharem 5/16/16 At night, count 24	Rachamem 5/17/16 At night, count 25	Tzidkatcha 5/18/16 At night, count 26	Tamid 5/19/16 At night, count 27	Gamlem Iyar 12 5/20/16 Candles: 7:55 pm At night, count 28	<b>בטרצתג</b> Emor 5/21/16 At night, count 29
<b>Hod</b> Four Weeks	Chasin 5/22/16 At night, count 30	Kadosh 5/23/16 At night, count 31	B'rove 5/24/16 At night, count 32	Tuvecha 5/25/16 At night, count 33	Nahel 5/26/16 L'ag b'Omer At night, count 34	Adatecha Iyar 19 5/27/16 Candles: 8:01 pm At night, count 35	<b>חקבטנע</b> Behar 5/28/16 At night, count 36
<b>Yesod</b> Five Weeks	Yachid 5/29/16 At night, count 37	Gayeh 5/30/16 At night, count 38	L'amecha 5/31/16 At night, count 39	P'nei 6/1/16 At night, count 40	Zochrei 6/2/16 At night, count 41	K'dushatecha Iyar 26 6/3/16 Candles: 8:06 pm At night, count 42	<b>יגלפזק</b> 6/4/16 BeChukotai At night, count 43
<b>Malchut</b> Six Weeks	Shavatenu 6/5/16 At night, count 44	Qabel 6/6/16 At night, count 45	Ushma Rosh Chodesh Sivan 6/7/16 At night, count 46	Tza'akatenu 6/8/16 At night, count 47	Yodea 6/9/16 At night, count 48	Ta'alumot Sivan 4 6/10/16 Candles: 8:10 pm At night, count 49	<b>שקוצית</b> 6/11/16 BaMidbar Eve of Shavuot